

STARTERS

CAULIFLOWER BITES 19



Hot, buffalo, salt & pepper, honey garlic, honey hot, Cajun, lemon pepper, BBQ and dill pickle

CRISPY CHICKEN WINGS 24



Hot, buffalo, salt & pepper, honey garlic, honey hot, Cajun, lemon pepper, BBQ and dill pickle

THAI CHICKEN BITES 20

Crispy chicken bites, sweet chili sauce, shredded carrots, cilantro and sesame seeds

NACHOS 26



3 cheese blend, olives, jalapenos, Pico de Gallo, green onion, salsa and sour cream

ADD shredded chicken or seasoned ground beef – 8

CHICKEN FINGERS & FRIES 24

Breaded chicken breast, plum sauce and fries

PLANT BASED TENDERS AND FRIES 26



Tenders served with plum sauce and fries

POUTINE 20



Quebec cheese curds and gravy
ADD bacon bits & green onion \$5

PATIO PLATTER 26

An assortment of veggie sticks with ranch dip, Italian cured meats, creamy goat cheese, nuts, artisan crackers, and fresh seasonal fruit for garnish

SALAD

TACO SALAD 25



Crispy romaine tossed in house dressing, topped with seasoned ground beef, shredded cheese, crunchy tortilla strips, fresh Pico de Gallo, crema, guacamole, and a sprinkle of fresh cilantro

CAESAR SALAD 20

Crispy romaine, garlic Caesar dressing, bacon bits, croutons and parmesan cheese

ADD chicken to your salad – 8

POLAR PEAK SALAD 22



Mixed greens, pomegranate, cherry tomatoes, fresh fruit, goat cheese, balsamic vinaigrette and toasted sunflower seeds

ADD chicken to your salad - 8

SUMMER FAVORITES

VEGAN VERMICELLI BOWL 24



Vermicelli rice noodles, miso chickpeas, edamame beans, shredded carrots, red cabbage, red peppers, cilantro, soya dressing and sriracha aioli

TERIYAKI CHICKEN NOODLE BOWL 28

Vermicelli rice noodles, edamame beans, shredded carrots, cucumber, guacamole, cilantro, red cabbage, red peppers, ginger and sriracha aioli

ALPINE WRAP 28

A soft tortilla filled with lemon pepper shredded chicken, ranch, crisp cucumber, spring mix, goat cheese, and fresh Pico de Gallo. Served with chef's choice pasta salad

CHICKEN CAESAR WRAP 28

A soft tortilla wrapped around crispy romaine, garlic Caesar dressing, smoky bacon bits, and shaved parmesan. Served with chef's choice pasta salad



VEGETARIAN



GLUTEN
FREE



VEGAN

BURGERS & SANDWICHES

ALL BURGERS AND SANDWICHES ARE SERVED WITH FRIES
SUBSTITUTE SALAD – 4 or POUTINE YOUR FRIES – 6
DOUBLE PROTEIN – 8

BACON CHEESEBURGER 27

Beef patty, smoky bacon, cheddar cheese, tomato, lettuce,
red onions and roasted garlic aioli

SMOKY BACON BBQ BURGER 28

Beef patty, smoky bacon, Monterey Jack cheese, crispy onion rings, lettuce, tomato
and roasted garlic aioli. Served on a black & white sesame bun

GRILLED CHICKEN CLUB 28

Chicken breast, cheddar cheese, bacon, lettuce, tomato and mayo. Served on a
black & white sesame bun
GLUTEN-FREE BUN – 2

BUFFALO CHICKEN BURGER 28

Spicy crispy chicken, buffalo sauce, arugula,
tomatoes, red onions and aioli

VEGETARIAN BURGER 27



Spicy black bean patty, goat cheese, roasted red peppers,
roasted cherry tomatoes, arugula, red onions and aioli

KIDS' MENUS \$16

(12 years and younger)

ALL KIDS ITEMS COME WITH FRIES, CARROT & CELERY STICKS
AND CHOICE OF BEVERAGE
Substitute Caesar Salad or Poutine – 3

CHEESEBURGER

Beef patty & cheddar cheese on a plain bun

POUTINE



Fries, curds and gravy

CHICKEN FINGERS

Gluten-free breaded chicken fingers and plum sauce

CHOICE OF BEVERAGE

Coke, Diet Coke, Sprite, Ginger Ale, Iced Tea, Orange Fanta,
Root Beer or Hot Chocolate

MAKE YOUR BEVERAGE LEGENDARY add \$5

LEGENDARY DRINKS \$9

(Non-Alcoholic)

LITTLE LIFTIES SUGAR RUSH

Orange Juice, Sprite, grenadine topped with cotton candy

WORMS IN DIRT

Chocolate milk, whipped cream, gummy worms,
shaved chocolate and Oreo cookie

GUMMY FLOAT

Root Beer or Orange Fanta
vanilla ice cream, gummies and whipped cream

