

# **KIDS & YOUTH FREERIDE CAMPS FAQ: 2024**

## What is included in the camp? What should participants bring?

Prices include instruction and lift tickets. Bike rentals are available for reservation in advance with a 15% discount for camp participants. Your child must have a well-tuned bike with disc brakes, a full-face helmet, and arm and leg pads. We recommend riding gloves and biking shoes with soft, flat soles. The coach will supervise the camp over lunch. Please ensure your child has a hydration pack or plenty of water, snacks, a packed lunch, and sunscreen.

### What skills will be learned?

The skills covered in the will be appropriate for the ability level of the camp and participants. These skills include body position, bike-body separation, braking, descending, crouched and standing, cornering, switchbacks on level terrain, descending terrain, front-wheel lifts—basic and pedalling, straight-line riding, introduction to riding on elevated obstacles, and introduction to airs.

### What is the cost? How long is the camp?

\$319 per child/youth (+ GST). 2-day camp 10:00 am – 3:00 pm (supervised one-hour lunch). A minimum of three kids for the camp to run. Maximum group ratios for all lessons: 7:1 student to coach.

## What are the ages and abilities for the camp?

Kids Freeride Camps: 8-12 years old	Youth Freeride Camps: 13-16 years old
Beginner- July 9-10 / July 30-31	Beginner – July 11-12 / August 1-2
Intermediate – July 16-17 / August 6-7	Intermediate – July 18-19 / August 8-9
Advanced – July 23-24 / August 13-14	Advanced – July 25-26 / August 15-16

### Where and when do I show up?

The coach will be ready to greet you at 10:00 am at the Summer Adventure School meeting area, next to the bike skills park, under the arch. Please arrive ready to go. The camp includes lift tickets, which will be available for pickup at Guest Services in the main plaza. If you need to rent equipment, we recommend arriving 45 minutes before the lesson starts, as you will need to sign waivers and get set up with equipment rentals. Due to limited availability, pre-purchasing rentals is recommended.

## Will I have to wait long in the lift line during the lesson?

No. The Summer Adventure School has a priority line: get up the lift quickly to maximize your lesson time. Please follow the staff lift loading instructions each time you load the lift. The coach will assist with lift loading. Your child must be 4'7" (140 cm) to load the lift independently.

## What happens if I need to cancel my lesson?

The following refund/cancellation policies apply:

- o 24 hours before lesson start time Rebooking of lessons or a full refund less a \$29 admin fee.
- Within 24 hours of the lesson start time Rebooking of lesson (\$29 admin fee), no refund.
- No-show for lessons No refund and No rebooking of lessons.

# Do parents/guardians need to sign waivers?

Yes. Anyone aged 15 and under will need a parent/guardian to sign release agreements on their behalf. Three waivers per child are required: a Bike Park, Event and Parent Consent Release Agreements. Below is the link to the online waivers. To save time on the day, these waivers can be completed today:

- Bike Park Release Agreement Waiver Signup (skircr.com)
- Event Release Agreement Waiver Signup (skircr.com)
- Parental Release Agreement Waiver Signup (skircr.com)

Dress for success. Below is an example of gear for riding a downhill mountain bike at Fernie Alpine Resort. If you have more questions or want to discuss our Summer Adventure School programming further, our team is ready to help.

Please reach out at camps@skifernie.com or by phone at +1 250 423 2406.

# GLOVES CHEST PROTECTOR ELBOW PADS MOUNTAIN BIKE PANTS

### PROPER SAFETY GEAR FOR MOUNTAIN BIKING

# Fernie Alpine Resort – Summer Adventure School

ATHLETIC SHOES