



RESTAURANT & CAFÉ

STARTERS, SOUP AND SALAD

WICKED THAI CHICKEN SOUP 14

An exotic blend of seasoned chicken, rice and peppers, enhanced with the flavours of coconut and lemongrass in a spicy broth

HOUSE SALAD 13

Mixed greens, cucumbers, tomato, peppers in a balsamic vinaigrette

HUMMUS AND PITA 15

Tzatziki, hummus, cucumber and pita

VEGGIE SOUP OF THE DAY 14

Ask your server for today's selection

SOUP AND SALAD 16

Starter size soup and house salad

DELI SANDWICHES & BOWLS

WRAPS & FLATBREADS ARE SERVED WITH A STARTER SIZE HOUSE SALAD -- UPGRADE TO SOUP \$4

CHICKEN SALAD WRAP 20

Diced chicken, peppers, red onion, cherry tomato, lettuce, feta cheese and roasted tomato vinaigrette

GREEN THAI CURRY CHICKEN BOWL 20

Made with seasoned chicken, coconut milk, bell peppers, ginger and lemongrass. Served on rice

MARGHERITA FLATBREAD 18

Zesty marinara, cherry tomato, mozzarella cheese and fresh basil

FALAFEL WRAP 20

Falafel, peppers, shredded carrots, red onion, cucumbers, cherry tomato, lettuce, tzatziki and hummus

MOROCCAN VEGETABLE BOWL 19

Vegetable broth infused with ginger & lemon, assorted vegetables, chickpeas and lentils. Served on rice

PEPPERONI FLATBREAD 19

Zesty marinara, pepperoni and mozzarella cheese

DESSERTS

WARM CINNAMON BUN 5

CHOCOLATE CAKE 10

CHOCOLATE PEANUT BUTTER 8 CHEESE CAKE

WARM GINGER CARAMEL 8 SPICE CAKE

TRIPLE CHOCOLATE MOUSSE 8

BEVERAGE

| | |
|---|--------|
| 24oz FOUNTAIN BEVERAGE | \$3.50 |
| <small>Coke, Diet Coke, Sprite, Ginger Ale, Orange, Root Beer</small> | |
| MILK – 2% or Skim | \$4.00 |
| JUICE – Apple or Orange | \$4.00 |
| 591ml DASANI WATER | \$3.00 |

BEER

| | |
|--|--------|
| 355ml Domestic Beer | \$6.25 |
| <small>Kokanee, Budweiser, Bud Light, Keiths IPA, Keiths Red Shock Top</small> | |
| 355ml Fernie Brewery | \$7.00 |
| <small>Project 9, Base Camp IPA</small> | |
| IMPORT | \$8.00 |
| <small>Stella Artois, Corona</small> | |

STARBUCKS

| | TALL | GRANDE |
|---------------|--------|--------|
| COFFEE | \$3.50 | \$3.75 |
| LATTE | \$4.50 | \$5.50 |
| CAPPUCCINO | \$4.50 | \$5.50 |
| MOCHA | \$5.50 | \$6.50 |
| CARAMEL | \$5.50 | \$6.50 |
| MACCHIATO | | |
| CHAI LATTE | \$4.50 | \$5.50 |
| AMERICANO | \$4.00 | \$5.00 |
| HOT CHOCOLATE | \$4.50 | \$5.50 |
| TEA | \$3.50 | \$3.75 |

DRAFT BEER

| | |
|-------------------|---------|
| 20oz Kokanee | \$7.50 |
| 60oz Kokanee | \$21.00 |
| 20oz STANLEY PARK | \$8.00 |
| 60oz STANLEY PARK | \$22.00 |

SPECIALTY COFFEE

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|-----------------------|--------|
| MOGUL SMOKER | \$8.25 |
| B52 COFFEE | \$8.25 |
| ELEPHANT NUTS | \$8.25 |
| IRISH COFFEE | \$8.25 |
| GRIZZLY HOT CHOCOLATE | \$8.25 |
| OTHER | \$8.25 |

COOLERS

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|---|--------|
| NUTRL | \$7.00 |
| <small>Lemon, lime and grapefruit</small> | |
| PALM BAY | \$6.25 |
| AMERICAN ICE TEA | \$6.25 |